## I Claim:

- 1. A device for absorbing liquid due to mild or moderate incontinence, which comprises:
- (a) a waist strap configured to be secured around a waist of a user;
- (b) a pouch having a first end and a second end with a first surface and a second surface extending therebetween and connected at the first end to the waist strap;
- (c) a pocket provided at the second end of the pouch adjacent the second surface of the pouch and configured to receive a penis of the user; and
- (d) an insert for positioning in the pocket for absorbing a small amount of liquid leaking from the penis of the user.
- 2. The device of Claim 1 wherein the waist strap is configured to fit closely around the waist of the user and to be rotatable about the waist of the user.
- 3. The device of Claim 1 wherein the pouch is secured to the waist strap so that the second surface of the pouch is adjacent the user, wherein the pouch and the pocket are a unitary piece and wherein the pocket is formed by folding the second end of the pouch toward the first end of the pouch.
- 4. The device of Claim 1 wherein the first end of the pouch extends around the waist strap so that the pouch is positioned between the waist strap and the waist of the user.

- 5. The device of Claim 1 wherein the pocket includes a first side and a second side with an open first end and a closed second end and wherein the first side of pocket at the first end has a notch.
- 6. The device of Claim 1 wherein the pocket is spaced apart from the waist strap.
- 7. The device of Claim 1 wherein the insert is tissue.
- 8. The device of Claim 1 wherein the insert includes a front side and a back side with a moisture absorbing material spaced therebetween.
  - 9. The device of Claim 8 wherein the material is a lightly cross-linked sodium polyacylate.
  - 10. The device of Claim 8 wherein the front side and the back side are constructed of light-weight, two-phased heatable tissue.
  - 11. The device of Claim 10 wherein the tissue includes a blend of thermostatic fiber.
  - 12. The device of Claim 1 wherein the insert has a thickness of about 0.0625 inches (0.1588cm).
  - 13. The device of Claim 1 wherein the insert has a thickness of about 0.015625 inches (0.039688cm).
  - 14. The device of Claim 1 wherein the waist strap, pouch and pocket are constructed of a washable material.

- 15. The device of Claim 1 wherein the pouch and pocket are constructed of a breathable material.
- 16. The device of Claim 1 wherein the pocket is constructed of a waterproof material.
- 17. The device of Claim 1 wherein the insert is able to absorb no greater than 8 ounces of liquid.
- 18. The device of Claim 1 wherein the insert is able to absorb no greater than 4 ounces of liquid.
- 19. The device of Claim 1 wherein the insert is able to absorb no greater than 1 ounce of liquid.
- 20. A method for preventing liquid escaping from a user due to mild or moderate incontinence, from soaking clothing of the user, which provides the steps of:
- (a) providing a device including a waist strap configured to be secured around a waist of the user; a pouch having a first end and a second end with a first surface and a second surface extending therebetween and connected at the first end to the waist strap; a pocket at the second end of the pouch adjacent the second surface of the pouch and configured to receive a penis of the user; and an insert for positioning in the pocket for absorbing a small amount of liquid leaking from the penis of the user;
- (b) positioning the device on the user so that the waist strap is about the waist of the user and the pouch extends adjacent the penis of the user;
- (c) positioning the penis of the user so that at least an end of the penis is located in the pocket of the device; and

- (d) removing and replacing the insert in the pocket after the insert has absorbed liquid leaked from the penis.
- 21. The method of Claim 20, wherein further in step (d), the device is rotated about the waist of the user so that the pocket is misaligned with the penis of the user and the penis of the user is easily removed from the pocket to allow access to the insert.
- 22. The method of Claim 20 wherein after step (c), clothing put on by the user conceals the device and wherein further in step (d), the clothing of the user is unfastened to allow access the device.
- 23. The method of Claim 20 wherein the pocket has a front side with a notch at a first end and wherein in step (c), the penis is positioned in the pocket through notch.
- 24. A method for preventing liquid escaping from a penis of a user due to mild or moderate incontinence of the user from soaking clothing of the user without interfering with upright urination by the user, which comprises the steps of:
- (a) providing a device having a waist strap configured to be secured around a waist of the user; a pouch having a first end and a second end with a first surface and a second surface extending therebetween and connected at the first end to the waist strap; a pocket at the second end of the pouch adjacent the second surface of the pouch and configured to receive the penis of the user; and an insert for positioning in the pocket for absorbing a small amount of liquid;
- (b) positioning the device on the user so that the waist strap is about the waist of the user and the pouch

extends adjacent the penis of the user;

- (c) positioning the penis of the user so that at least an end of the penis is located in the pocket of the device;
- (d) positioning the clothing on the user wherein when liquid leaks from the penis of the user, the liquid is absorbed by the insert and does not escape the pocket of the device and soak the clothing of the user;
- (e) unfastening the clothing of the user to enable access to the penis of the user;
- (f) removing the penis of the user from the pocket; and
  - (g) directing the penis toward the waste receptacle.
- 25. The method of Claim 24 wherein after step (f), the pouch is flipped upward away from the penis of the user.
- 26. The method of Claim 24 wherein further in step (f), after the penis is removed from the pocket, the device is rotated about the waist of the user so that the pouch is not adjacent the penis and does not interfere with the urination activities of the user and wherein upon completion of urination, the device is rotated about the waist of the user so that the pouch is adjacent the penis of the user, the penis is positioned in the pocket and the clothing is refastened.